



# WISCONSIN COLLABORATIVE *for* HEALTHCARE QUALITY

## 2021 WCHQ Behavioral Health Assembly

**April 30, 2021**

**9 AM - 12 PM CST**

*A WCHQ Webinar Event*

**REGISTER\***

*Featuring*

**Uzoma Okeagu**

Medical Science Liaison, Novo Nordisk

**Jim Salasek, PhD**

**Karen Taylor**

Cofounder, Working to Recovery

**Panelists Representing Peer-Run Respite Services**

### **Agenda**

**9:00 AM**      **Introductions and Welcome**  
Gabrielle Rude, PhD, President and CEO, WCHQ

**9:10 AM**      **“Zero Suicide: An Evidence-based Improvement Approach to Suicide Prevention”**  
Jim Salasek, PhD

Zero Suicide is an improvement model that transforms system-side suicide prevention and care to save lives. Zero Suicide is several things: an aspirational goal designed to catalyze transformational change; a suicide-care model with specific practices for health systems to employ; and, a movement seeking to make health care settings safer and more compassionate for people with suicidal thoughts and urges. Health care systems and leaders design for a zero-based mindset by changing the culture around suicide prevention and care.

**10:05 AM**      **“Wisconsin Peer Run Respite Care and Warmline Services”**  
**A Panel Discussion Moderated by Jen Koberstein, WCHQ Program Manager**

Peer-run respites provide opportunities for support from people who have experienced similar life struggles. Staff are trained in how to help others improve their quality of life. The goal of the program is to help people avert crises and avoid hospitalizations. While providers cannot initiate a stay for an individual, they can encourage clients to contact a peer-run respite.

Panelists will share how these organizations are serving the needs of clients in four locations in Wisconsin. They will also describe “Warmline,” a resource that provides immediate emotional support to those in need.

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*\*If you are from a member, partner or sponsor organization, you may register for free; however, you must first have an account in WCHQ’s Online Community. If you do not have an account go to [JOIN](#). If you are unsure whether your organization is a member, click [here](#) for provider members; [here](#) for corporate sponsors and annual partners.*

**11:00 AM**      **“Stigma and Bias in the Care and Treatment of Obesity”**  
**Uzoma Okeagu, Medical Science Liaison, Novo Nordisk**

A look at how implicit and explicit weight bias from physicians can impact patients’ quality of care.

**11:30 AM**      **“Working to Recovery: A Holistic Approach to Recovery from Psychosis”**  
**Karen Taylor, Co-Founder Working to Recovery, a United Kingdom-based organization**

Karen Taylor has dedicated much of her life to helping people with lived experience and their families across the world. While much progress has been made in the last 20 years, many people are still unaware of the link between past trauma and psychosis, as well as the links between spirituality and trauma. Working to Recovery takes a person-centered approach to mental health that asks: “What has happened to you?” as opposed to “What is wrong with you?”

**12:00 PM**      **Adjourn**

**About the Speakers:**

**Jim Salasek, PhD** a retired psychologist has served as a faculty trainer for Mental Health America of Wisconsin’s Zero Suicide initiative since 2015 and has also be on the Prevent Suicide Wisconsin Steering Committee the past seven years. He also co-facilitated Zero Suicide trainings to both Ashland/Bayfield Counties and Fond du Lac County. He helped establish Prevent Suicide Fond du Lac, serving as its first chairperson where he worked with community stakeholders to implement a three year grant: Destination Zero – Reducing Suicide in Fond du Lac County that is still operational and was responsible for implementing Zero Suicide at Agnesian HealthCare, Fond du Lac, WI where he was the director of Behavioral Health for 16 years.



**Uzoma Okeagu** is a Medical Science Liaison at Novo Nordisk with over seven years of experience in clinical and pharmaceutical industry settings. He has been a Medical Liaison in the field of obesity and weight management at Novo Nordisk since 2019, working in the states of Illinois, Wisconsin, Michigan and Indiana. Some of his strategic focus areas include providing weight management education to health care practitioners and mid-level providers, supporting development of EHR pathways for triaging obese patients, engaging with academic training programs regarding current obesity management curriculum, and standardizing obesity management throughout health systems.



**Karen Taylor** is a psychiatric nurse and has come to understand the link between past trauma and psychosis. As a co-founder of Working to Recovery, located in Scotland, Taylor and her husband, Ron Coleman, have pioneered recovery communities believing that recovery is for all.

For more information, contact [Mary Kay Fahey](#).