



WISCONSIN COLLABORATIVE *for* HEALTHCARE QUALITY

Alcohol Screening, Brief Intervention and Referral to Treatment (SBIRT) in the Clinical Setting

September 29, 2020
Noon - 1 pm

Featuring:

Laura Saunders, MSSW

Great Lakes Addiction Technology and Transfer Center



Screening. Brief intervention. Referral. With early intervention, those at risk for substance use disorders can avoid more severe consequences later.

During these times of job losses, isolation and uncertainty, residents may be at higher risk for substance use disorders. SBIRT is a comprehensive, integrated public health approach to the delivery of early intervention and treatment services for persons with substance use disorders as well as those who are at risk of developing these disorders. Primary care providers are in a unique position of identifying and intervening in substance use disorders:

- The screening quickly assesses the severity of substance use and identifies the appropriate level of treatment.
- Brief intervention focuses on increasing insight and awareness regarding substance use and motivation toward behavioral change.
- Referral to treatment provides those identified as needing more extensive treatment with access to specialty care.

Laura Saunders is an expert in SBIRT. She has designed, facilitated, and delivered motivational interviewing and SBIRT training and coaching in person, online, and via distance learning in the fields of health care, human services, public health, and criminal justice. Saunders has provided feedback and coaching to hundreds of learners who are interested in using evidence-based practices to fidelity.

Saunders, MSSW, is with the University of Wisconsin-Madison, School of Engineering and an independent consultant. She joined the International group of Motivational Interviewing Network of Trainers (MINT) in 2006 and is an active member of Wisconsin motivational interviewing group.

For more information, contact [Mary Kay Fahey](#).

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